

Name _____

The Beatitudes



Group 1: “Blessed are the poor in spirit, / for theirs is the kingdom of heaven.” (Matthew 5:3)

(Paragraphs 67–70) What does “being poor of heart” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 2: “Blessed are they who mourn, / for they will be comforted.” (Matthew 5:4)

(Paragraphs 75–76) What does “knowing how to mourn with others” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 3: “Blessed are the meek, for they will inherit the land.” (Matthew 5:5)

(Paragraphs 71–74) What does “reacting with meekness and humility” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 4: “Blessed are they who hunger and thirst for righteousness, / for they will be satisfied.” (Matthew 5:6)

(Paragraphs 77–79) What does “hungering and thirsting for righteousness” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?



Group 5: “Blessed are the merciful, / for they will be shown mercy.” (Matthew 5:7)

(Paragraphs 80–82) What does “seeing and acting with mercy” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 6: “Blessed are the clean of heart, / for they will see God.” (Matthew 5:8)

(Paragraphs 83–86) What does “being pure in heart” (or “keeping a heart free of all that tarnishes love”) mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 7: “Blessed are the peacemakers, / for they will be called children of God.” (Matthew 5:9)

(Paragraphs 87–89) What does being a peacemaker and “sowing peace all around us” mean in terms of cultivating holiness, and what (unholy behaviors) does it help us avoid?

Group 8: “Blessed are they who are persecuted for the sake of righteousness, / for theirs is the kingdom of heaven.” (Matthew 5:10)

(Paragraphs 90–94) What does being persecuted for righteousness sake and “accepting daily the path of the Gospel, even though it may cause us problems” mean in terms of cultivating holiness?

(Note: Unlike the other Beatitudes, this one is about encouragement, not avoiding unholy behaviors. Focus on that.)

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